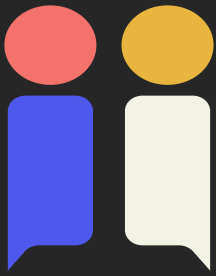


Because we care about healthy families,



## LET'S TALK

ABOUT ALCOHOL USE  
DURING PREGNANCY.

NACCHO and the Center for Health and Safety Culture at Montana State University are partnering with local health departments to prevent alcohol and other substance use during pregnancy and fetal alcohol spectrum disorders.

### HOW?

Join the Partners for Substance-Free Pregnancies Network.

We're growing a group of **multidisciplinary partners** to share resources and learn from each other. We want to build this partnership together, so it can best serve your work at the local level.

### WHAT?

Here is what we ask of network partners:

- Share your ideas and give feedback from your health department.
- Tell us what would be helpful to you.
- Ask questions.
- Time commitment will be partner-led! We plan to meet virtually at the frequency that works best for network partners.

### WHY?

To equip you with resources, messaging, and skills!

The benefits of participating:

- Customized resources for your health department
- Incentives in the form of materials and resources for your health department
- Promote healthy children and families
- Gain new knowledge and resources
- Share existing resources
- Meet other health departments doing this work
- Learn how to include substance-free pregnancy messaging in your work

**THERE IS NO KNOWN SAFE AMOUNT, NO SAFE TIME, AND NO SAFE TYPE OF ALCOHOL USE DURING PREGNANCY.**

LET'S **WORK TOGETHER** TO PROMOTE  
SUBSTANCE-FREE PREGNANCIES  
AND **HEALTHY FAMILIES**.

Contact Us to Learn More  
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