

Messages for local health departments to promote substance-free pregnancies and prevent FASDs

For a person who is pregnant or intending to become pregnant:

There is no known safe amount, no safe time, and no safe type of alcohol to drink during pregnancy.

For the partner of a pregnant person:

Have you thought about ways to support your pregnant partner, like not drinking alcohol? Choose to support your pregnant partner by encouraging them not to drink alcohol either.

Get more non-stigmatizing, gender-inclusive, and plain-language messages

bit.ly/FASD_CommunicationGuide

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YOU CAN HELP PROMOTE SUBSTANCE-FREE PREGNANCIES

Visit bit.ly/NACCHO_FASD to

- Download communication guidance for health professionals and patients
- Join the project listserv to receive updates, opportunities, and resources
- Identify opportunities to promote substance-free pregnancies in your current strategies via portfolio mapping
- Watch a webinar highlighting resources and opportunities for local health departments



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