

FASD NPN Communications Bulletin

A collection of content updates + tips



Issue 19 | April 2026

Quick Tip

Congratulations to the winners of the #FASDNPN challenge!

In the first half of Y4 (October 1 to April 1), #FASDNPN was mentioned 108 times across five social media platforms. It was mentioned most often in January in coordination with Birth Defects Awareness Month and appeared most on X and Instagram.



- 1 The Medical Assistants group wins gold with 61 #FASDNPN mentions ([MAP](#), [AAMA](#), [UNR](#))
- 2 Silver goes to the Social Workers group with 16 #FASDNPN mentions ([NASW](#) and state chapters)
- 3 Bronze goes to the Nurses group with 14 #FASDNPN mentions ([Alcohol Free Futures at UAA](#))

Which group will win the #FASDNPN challenge during the second half of Y4?

FASD NPN Resource Updates

[The FASDs Video Series Partner Promotion Toolkit](#) includes media to help you recognize Disability Pride Month and National Parents' Day

Disability Pride Month



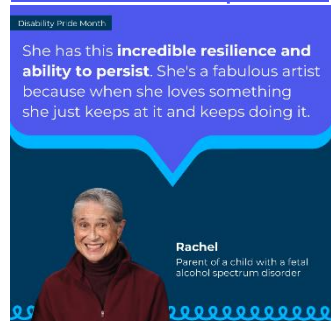
July



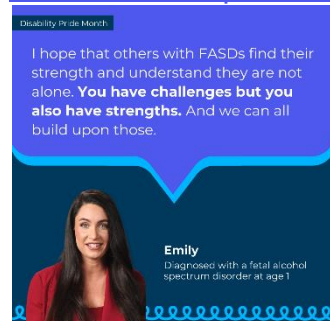
honor the history, achievements, and experiences of people with disabilities

The [toolkit](#) includes graphics and a short video:

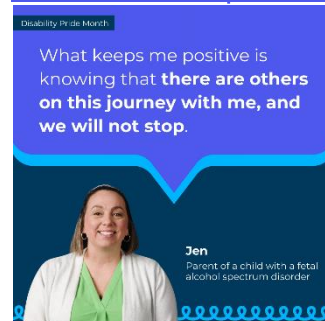
[Download Graphic #1](#)



[Download Graphic #2](#)

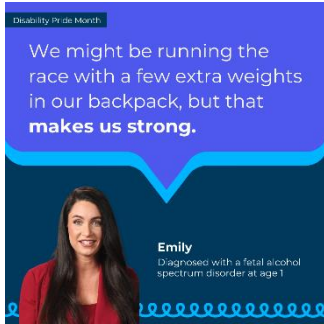


[Download Graphic #3](#)



[Download Graphic #4](#)

[Download Graphic #5](#)



Download: [landscape video](#) or [square video](#)

Rachel highlights the importance of focusing on the strengths of those with FASDs.

Length: 1:17



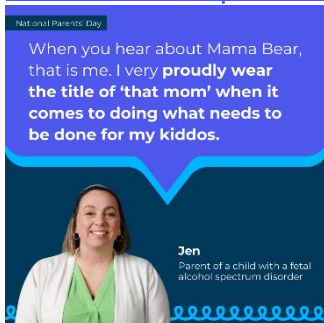
National Parents' Day

 July 26, 2026

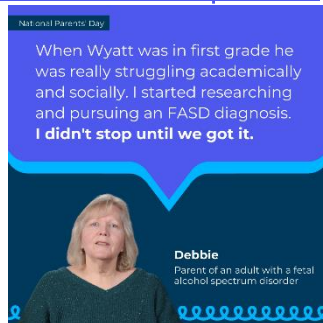
 honor parents and guardians for their mentorship, nurturing, and lifelong dedication to raising children

The [toolkit](#) includes graphics:

[Download Graphic #1](#)



[Download Graphic #2](#)



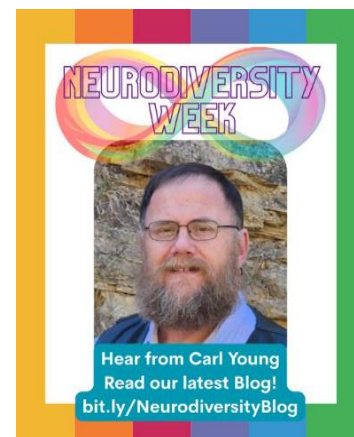
NPN Content Stream

Between February 1 and March 31, 2026, the FASD NPN disseminated **338 social media posts** about prenatal alcohol and polysubstance exposure and FASDs reaching approximately **1,997,387 people**. A selection of posts is featured in this section.

RECOGNIZING AWARENESS DAYS + OBSERVANCES

FASD United recognized Neurodiversity Week by highlighting living experience stories

- Carl Young
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
"I have spent the past 10 years ensuring that people with FASD are recognized as part of the neurodiversity movement."
- Tandi Rogers
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
"My neurodivergent perspective helps me listen more deeply and meet people with openness."
- Rebecca Tillou
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
"Shame thrives in darkness but withers in light. Let's be the light."



University of Nevada, Reno/AAMA's Medical Assistant Partnership for Healthy Pregnancies and Families (MAP) promoted their Alcohol Awareness Walk & Talk resource to encourage recognizing Alcohol Awareness Month in April

[X](#)

"April is Alcohol Awareness Month. Our Alcohol Awareness Walk & Talk resource helps medical assistants start supportive, stigma-free conversations about alcohol with patients."

#FASDNPN



FASD United recognized National Caregivers Day

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"... we honor the extraordinary caregivers who walk alongside individuals living with FASD every single day. Caregiving is an act of profound love - often unseen - rooted in patience, resilience, and deep commitment. You learn, you adapt, you advocate, & you continue to believe in possibility, even in the face of uncertainty.

We recognize that caregivers are not only supports, they are partners in growth, stability, & hope. Your presence changes the course of lives!

We see you. We honor you. & We thank you for all that you give to this community, today and always ♥



MAP and AAMA recognized Birth Defects Awareness Month and World Birth Defects Day

- MAP
[X](#) | [Instagram](#)
"Pregnancy comes with a lot of questions—but this one is clear. No amount of alcohol is safe at any stage of pregnancy. Support, education, and informed choices matter. ♥ **#FASDNPN**"
- AAMA
[X](#) | [Instagram](#) | [Facebook](#)
"#MedicalAssistants are trusted educators at some of life's most important moments. One of the most critical messages to share with patients: alcohol use during pregnancy is the leading cause of preventable birth defects."



NPN PRODUCTS, EVENTS + SERVICES

MAP with AAMA promoted their 3-part Training of Trainers Series: Alcohol and Women: Prevalence, Trends, and Preventing Alcohol-Related Harm

[X](#) | [X](#) | [Instagram](#)

"Women's alcohol use is changing—and Medical Assistants are often the first to notice. But here's the question: 🗣️ Do you feel confident knowing what to say next? ...

In this 3-part series, you'll learn how to:

- ✓ Spot trends in alcohol use among women
- ✓ Understand real health impacts
- ✓ Navigate conversations with confidence
- ✓ Bring these skills back to your clinic or classroom

💡 This isn't just training—it's practical tools you'll actually use with patients."



MAP promoted two cannabis related learning opportunities

- Cannabis Use in the Perinatal Period

[X](#)

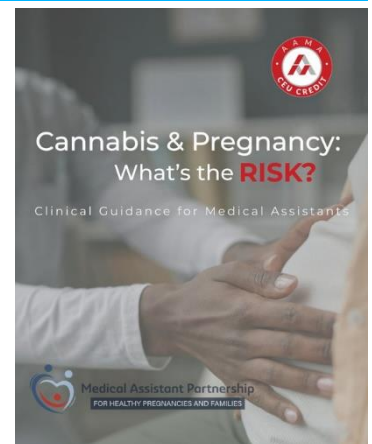
"... Today Gain the knowledge and tools to support patients through evidence-based care and harm reduction strategies. ... **#FASDNPN**"

- Clearing the Haze: Cannabis Use in Pregnancy and Long-Term Outcomes*

[X](#) | [Instagram](#)

🕒 Free 4/20 Webinar for Healthcare Providers ... This free educational session is designed specifically for healthcare professionals and will review the latest evidence on prenatal cannabis exposure, including potential impacts on pregnancy outcomes and child development, along with guidance for patient counseling. **#FASDNPN**"

* This event has already occurred



FASD United promoted their new resource: Self-Advocate Guide

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)



UAA promoted their new resource: Brief Intervention Techniques

[Instagram](#)

"... We know it can be difficult to know what to say when you are asked tough questions, so here are some practice scenarios you can review. Remember the core message: there is no know safe amount, no safe time, and no safe type of alcohol use during pregnancy."

#FASDNPN"



NASW encouraged social workers to complete a survey about their work with clients on alcohol and other substance use

[Instagram](#) | [Facebook](#) | [Bluesky](#)

"Social workers: We want to learn about your work with clients on alcohol and other substance use. Your anonymous feedback will help us shape training and education for social workers who serve clients who may be at risk for substance-related problems, including substance-exposed pregnancy. **#FASDNPN**"



FASD United promoted their Family Navigator Service

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)



EDUCATING + AWARENESS RAISING

FASD United amplified living experiences of FASD: Jacob

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"Self-advocate Jacob shares his journey growing up undiagnosed in foster care, challenges with employment, & his passion for educating systems of care on FASD"



MAP and FASD United highlighted new research and tools from the field

- Prevention of Fetal Alcohol Spectrum Disorders in Primary Care: Use of Office Champions Model to Address Alcohol Use

[X](#)

"Alcohol use during pregnancy is preventable — and so are FASDs. Check out this new evidence from Annals of Family Medicine on effective prevention in primary care."

- What is CIFASD?

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"Collaborative Initiative on FASDs brings together researchers from around the world to advance knowledge of FASD."

- Apps to Support People with FASD

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"Dr. Petrenko develops mobile apps to support people w/ FASD caregivers & providers. Working w/ CIFASD for nearly 10 years, her research focuses on turning science into real-world tools."

- BRAIN-Online: An Online Cognitive and Behavioral Study Screening Tool for FASD

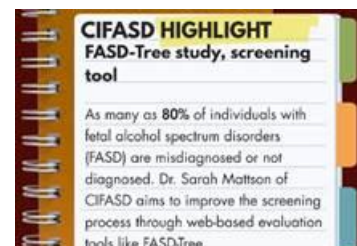
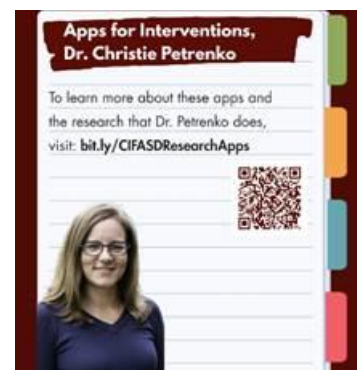
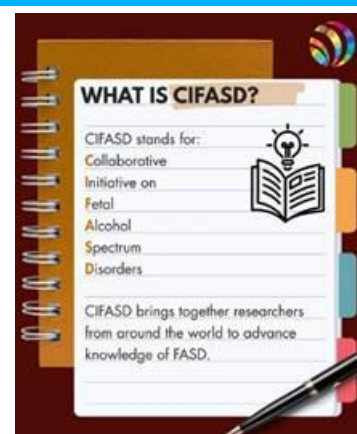
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"A new screening tool for FASD. ... web-based research assessment in about an hour and receive feedback on cognitive and behavioral areas affected by prenatal alcohol exposure."

- FASD-Tree Screening Tool

[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)

"...a simple, low-cost clinical tool using a physical exam and parent questionnaires."



FASD United provided FASD facts and stats

- 1 in 7 pregnant adults in the U.S. have consumed alcohol in the past 30 days
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
- 1-5% of grade school children have an FASD
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
- What is FASD?
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
- What is PSE?
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)



The FASD NPN Communications Bulletin is created by ORAU.
Please send any questions, corrections, or suggestions to [Katherine Chyka](#).

Want something included in the next bi-monthly bulletin?
[Let us know](#). We'd love to hear from you!



FASD NATIONAL PARTNER NETWORK