

FASD NPN Communications Bulletin

A collection of content updates + tips

Issue 14 | June 2025



Quick Tips

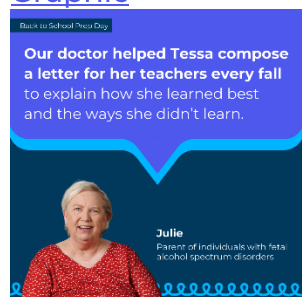
Prepare to recognize upcoming awareness days in August and September by downloading and incorporating materials from the [FASD Video Series Partner Promotion Toolkit](#) and [2025 FASD Awareness Month Partner Toolkit](#)

Back-to-School Prep Day

August 15, 2025

prepare for the upcoming school year, both practically and emotionally

Graphic



Video



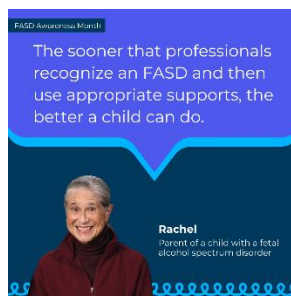
FASD Awareness Month

September 2025

raise awareness about FASD and advocate for individuals and families affected by the lifelong condition

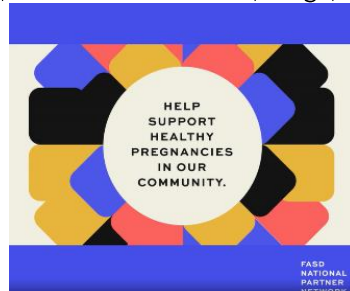
Graphics

Use 15+ graphics across social media, emails, websites, newsletters, blogs, or other print and digital communication. Contact Katherine.Chyka@orau.org if other graphic sizes are needed.



Videos

Share videos on social media, websites, e-blasts/newsletters, blogs, and more





Social Media Post Text

Tailor text for your specific audience, social media channel, and community partners

Post 1: September is #FASDAwarenessMonth ❤️ Join us as we raise awareness about fetal alcohol spectrum disorders (FASDs) and the importance of an alcohol-free pregnancy. #FASDNPN

Post 2: Nearly 1 in 7 pregnant women report current alcohol use in the past 30 days. Alcohol screening and brief intervention (SBI) is recommended by the USPSTF and is endorsed by major medical professional organizations and CDC. *[insert call to action]* #FASDNPN

Email Signature Block

Add a graphic to your email signature



Newsletter/Blog Text

Use in newsletters, blogs, or other print and digital communications

5 Things to Know About Alcohol SBI and Pregnancy during FASD Awareness Month

September is Fetal Alcohol Spectrum Disorders (FASD) Awareness Month. This annual observance highlights the importance of talking about FASD, preventing FASD, and supporting families living with FASD.

FASDs are a group of conditions that can occur in a person who was exposed to alcohol before birth. It is estimated that up to one in 20 U.S. schoolchildren may have FASDs.¹ Nearly one in seven pregnant women report drinking alcohol, and about one in 20 report binge drinking in the past 30 days.² While evidence-based approaches to decreasing alcohol use during pregnancy exist, research suggests healthcare professionals face challenges in implementing them consistently and effectively.

This FASD Awareness Month, [implement alcohol screening and brief intervention \(SBI\)](#) into your practice for all adult patients and [learn how to discuss](#) alcohol and pregnancy with your patients. Alcohol SBI is recommended by the U.S. Preventive Services Task Force and endorsed by major medical professional organizations, such

ALCOHOL USE DURING PREGNANCY IS ASSOCIATED WITH AN INCREASED RISK OF

MISCARRIAGE STILLBIRTH
SIDS PRETERM BIRTH

AS WELL AS A RANGE OF LIFELONG BEHAVIORAL, INTELLECTUAL, AND PHYSICAL DISABILITIES, KNOWN AS FETAL ALCOHOL SPECTRUM DISORDERS (FASDs).

WWW.CDC.GOV/FASD

FASD NPN Toolkit Updates

Updated NPN Social Media List

[Communication Resources page](#) > [FASD NPN Resources](#) > [FASD NPN Social Media Accounts](#)

Check out who is on Threads and Bluesky and give them a follow.

AAFP (The American Academy of Family Physicians)	
Bluesky	@aafp.org
Facebook	@familymed
X	@AAFP
Instagram	@the_aafp
Threads	@the_aafp
YouTube	@AAFPmedia
LinkedIn	@american-academy-of-family-physicians
Pinterest	@AAFP

Flyers in Spanish

[NPN Toolkit Custom Materials page](#) > [NPN Custom Materials Library](#) > [Spanish Materials](#)

Fentanyl Facts Flyer (Spanish)

[View English version](#)

INFORMACIÓN DEL FENTANILO

¿Por qué el fentanilo de fabricación legal es tan peligroso?

Incluso en dosis muy pequeñas, el fentanilo puede resultar letal.¹ El IMF se agrega a menudo a drogas como la heroína, la cocaína, la metanfetamina y el MDMA (es decir, éxtasis, Molly), o se fabrica en comprimidos falsos de venta con receta como Xanax, zolodrona, hidrocodona y fudalar.^{1,2,3} Debido a su extrema potencia, las drogas contaminadas con fentanilo son más baratas, más fuertes, más adictivas y más peligrosas. Muchos personas no son conscientes de que sus medicamentos están mezclados con fentanilo.

¿Se puede saber si un medicamento contiene fentanilo?

Los medicamentos pueden tener niveles letales de fentanilo sin que sea posible verlo, olerlo ni detectar su sabor. Es casi imposible saber si los medicamentos están contaminados con IMF a menos que se analicen con tests reactivos de fentanilo. Los tests reactivos son baratos y proporcionan resultados rápidos, pero pueden no detectar sustancias más potentes similares al fentanilo, como el carfentanilo.⁴

¿Las personas que consumen fentanilo de forma voluntaria conocen los riesgos?

Una persona puede consumir fentanilo de forma intencional, pero no saber si contiene una dosis letal.⁵ Es imposible conocer la potencia del IMF, ya que su producción no es una ciencia exacta y las dosis no son constantes.^{6,7,8}

¿Es peligroso tocar el fentanilo o los objetos en los que está presente?

No, el fentanilo no se absorbe con facilidad a través de la piel. Se absorbe sin dificultad a través de la mucosa del torrente sanguíneo.⁹ Los parches de fentanilo pueden recitarse para el tratamiento del dolor; esta no es la fórmula que se mezcla con otras sustancias.¹⁰

¿Se puede revertir la sobredosis de fentanilo?

Si la náusea es un medicamento que pueda salvar vidas y revertir una sobredosis de opioides, incluido el fentanilo. Dado que el fentanilo es más potente que otros opioides, puede requerir múltiples dosis de náusea.¹¹ La náusea debe administrarse de inmediato, incluso si no está seguro de que alguien está sufriendo una sobredosis de opioides.

MÁS INFORMACIÓN SOBRE EL FENTANILO

REFERENCIAS

1. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

2. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

3. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

4. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

5. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

6. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

7. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

8. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

9. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

10. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

11. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

Pregnancy and Fentanyl Flyer (Spanish)

[View English version](#)

EMBARAZO Y FENTANILO

El fentanilo es un potente opioide sintético y adictivo que se utiliza para el tratamiento del dolor intenso y que, en los últimos años, comenzó a aparecer con cada vez más frecuencia en el mercado ilícito de drogas.¹ Incluso en dosis muy pequeñas, puede resultar letal y el fentanilo de fabricación legal (legally made fentanyl, IMF, por sus siglas en inglés) está asociado con la mayoría de las muertes por sobredosis relacionadas con fentanilo. El IMF se agrega a menudo a drogas como la heroína, la cocaína y la metanfetamina, o se fabrica en comprimidos falsos de venta con receta.^{2,3} Muchas personas no son conscientes de que sus medicamentos están mezclados con fentanilo.

USO EN EL EMBARAZO

Aunque la información específica sobre los resultados maternos y fetales del fentanilo es actualmente limitada, el consumo de otros opiáceos durante el embarazo se relacionó con el bajo peso al nacer, los partos prematuros y el síndrome de abstinencia neonatal (neonatal abstinence syndrome, NAS, por sus siglas en inglés), un grupo de afecciones que pueden producirse cuando los recién nacidos dejan de consumir ciertas sustancias, incluido el fentanilo. Los síntomas del NAS pueden incluir irritabilidad, falta de sueño, convulsiones extremas, mala alimentación, convulsiones y reflejos hiperactivos.^{4,5}

SOBREDOSIS EN EL EMBARAZO

La náusea es un medicamento que salva vidas y puede revertir una sobredosis de opioides, incluido el fentanilo. La náusea se puede utilizar con seguridad durante el embarazo.⁶ La Administración de Alimentos y Medicamentos recomienda no negar su administración si se sospecha que una persona embarazada está sufriendo una sobredosis.⁷ La náusea debe administrarse de inmediato, incluso si no se tiene la certeza de que la persona esté teniendo una sobredosis por opiáceos.

TRATAMIENTO EN EL EMBARAZO

A veces, cuando las personas se enteran de que están embarazadas, reflexionan sobre la posibilidad de cambiar su forma de consumir sustancias. Durante el embarazo, medicamentos como la metadona o la buprenorfina, junto con servicios de apoyo de asesoramiento y recuperación, pueden ayudar a tratar el trastorno por consumo de opiáceos.^{8,9} Es importante que las mujeres embarazadas hablen con sus profesionales de la salud antes de dejar de tomar opiáceos, ya que esto puede causar problemas graves, como parto prematuro, sufrimiento fetal y aborto.^{10,11}

Para obtener ayuda para un trastorno por consumo de sustancias, hable con un profesional de la salud o llame a la línea nacional de ayuda de la Administración de Salud Mental y Abuso de Sustancias (Substance Abuse and Mental Health Services Administration - SAMHSA, [www.samhsa.gov](#)) al 1-800-662-4357.

MÁS INFORMACIÓN SOBRE EL FENTANILO

REFERENCIAS

1. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

2. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

3. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

4. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

5. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

6. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

7. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

8. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

9. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

10. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

11. National Institute on Drug Abuse. (2019). Fentanyl: A Powerful Drug. [https://www.nida.nih.gov/publications/fentanyl-a-powerful-drug](#)

Six AAP State Resource Sheets

[NPN Toolkit Custom Materials page](#) > [NPN Custom Materials Library](#) > [Other Digital and Print Materials](#)

Texas

Transitioning Children with FASDs into Adulthood Resource Toolkit for Texans

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in Texas to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

South Carolina

Transitioning Children with FASDs into Adulthood Resource Toolkit for South Carolinians

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in South Carolina to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

Maryland

Transitioning Children with FASDs into Adulthood Resource Toolkit for Marylanders

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in Maryland to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

Florida

Transitioning Children with FASDs into Adulthood Resource Toolkit for Floridians

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in Florida to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

California

Transitioning Children with FASDs into Adulthood Resource Toolkit for Californians

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in California to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

Indiana

Transitioning Children with FASDs into Adulthood Resource Toolkit for Indiana

For people with FASDs, transitioning from childhood to adulthood can be a challenging time. This toolkit provides information on resources available in Indiana to help you and your family navigate this transition. It includes a list of resources and a table to help you identify the resources that best meet your needs.

Use this table to quickly identify resources that address your specific needs.

Resource and Services	Alcohol Use	Drug Use	Behavioral Health	Legal Services	Financial Services	Other Services
Alcohol Use	X					
Drug Use		X				
Behavioral Health	X	X	X			
Legal Services				X		
Financial Services					X	
Other Services						X

NPN Content Stream

Between April 1 and May 31, 2025, the FASD NPN disseminated **273 social media posts** about prenatal alcohol and polysubstance use and FASDs reaching approximately **2,034,674 people**. A selection of posts is featured in this section.

NOTE: Many NPN organizations are no longer posting on X and have moved to other channels (i.e., Bluesky, Threads). This bulletin now includes NPN Bluesky posts. Threads posts may be included in future publications.

NPN PRODUCTS, EVENTS + SERVICES

ACOG promoted their new Frequently Asked Questions (FAQs)

- Prenatal care

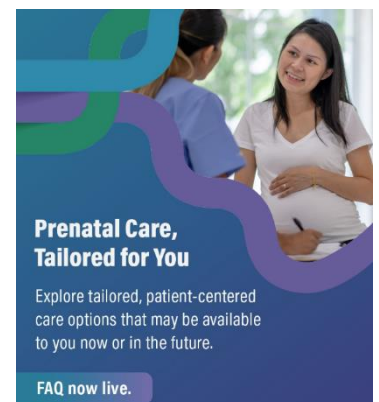
[Bluesky](#) | [Instagram](#)

“Pregnant or planning to get pregnant? Our new FAQ provides information on prenatal care and a new approach to help you create a more tailored care plan. You could incorporate things like telehealth visits or group prenatal care into your pregnancy journey. Learn more: buff.ly/FpQicXW”

- Tobacco, alcohol, drugs, and pregnancy

[Bluesky](#) | [Instagram](#)

“Avoiding alcohol, tobacco, marijuana, and drugs during pregnancy helps protect your fetus’ brain, body, and future. Visit our FAQ to learn how these substances can affect you and your baby’s health after birth: buff.ly/FLn9spj”



Prenatal Care, Tailored for You

Explore tailored, patient-centered care options that may be available to you now or in the future.

FAQ now live.

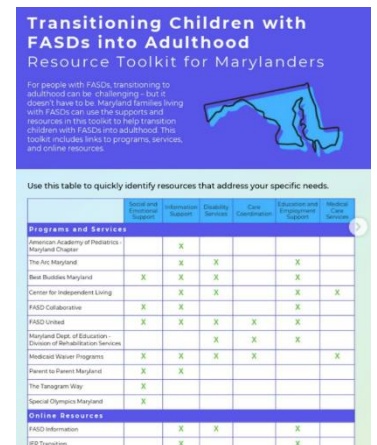


✿ Collaboration Spotlight ✿

University of Nevada, Reno/AAMA's Medical Assistant Partnership for Healthy Pregnancies and Families (MAP) promoted AAP's state resource toolkits

[X](#) | [Instagram](#)

"A brand-new toolkit is now accessible for individuals residing in Maryland who are seeking extra support in helping children with FASDs transition into adulthood. Check it out! [@AmerAcadPeds](#) [@FASDUnited](#) [#FASDNPN](#) [#FASD](#) [buff.ly/2IKU9QJ](#)"



FASD United highlighted key takeaways from their FASD United Symposium White Paper

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"... a comprehensive report outlining critical insights, policy recommendations, and actionable steps to advance support for individuals with #FASD. Key takeaways include:

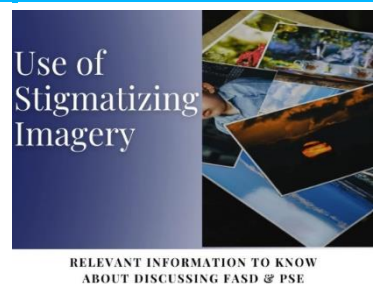
- 🎯 The urgent need for federal policy reform
- 🎯 Enhancing early diagnosis and intervention
- 🎯 Expanding access to lifelong services and supports
- 🎯 Addressing health disparities and stigma ..."



FASD United highlighted the 'Stigmatizing Imagery' chapter of their Language and Stigma Guide

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"... This chapter helps you understand the impact of harmful visuals and stereotypes, offering guidance on how to avoid language and imagery that can perpetuate stigma around #FASD. It's essential to approach these sensitive topics with care and compassion, and this guide shows you how to communicate in a way that uplifts rather than alienates. ..."



NASW with UT-Austin released a new Social Work Talks podcast episode: Cannabis Use in Pregnancy

[Bluesky](#) | [Facebook](#) | [Instagram](#)

"In this #NASW podcast episode of #SocialWorkTalks, we explore cannabis use during pregnancy and how social workers can raise awareness. Guests: Dr. Roger Zoorob & Dr. Mary Velasquez."



✿ Collaboration Spotlight ✿

MAP promoted NASW's podcast episode

[X](#) | [Instagram](#)

EDUCATING + AWARENESS RAISING

FASD United shared facts and resources from their FAQs

- FASD affects 1 in 20 Americans

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"#FASD affects 1 in 20 Americans—more common than autism—yet awareness & support don't match its prevalence. ..."

- Practical tools

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"Peace of mind is possible—with the right tools! Movement breaks, music, visual schedules & more can help people with #FASD thrive. ..."

- Supports for people with FASD

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"People with #FASD bring #creativity & #strength to the world. ❤️ With tools like concrete language & calming spaces, they can thrive! ..."

- FASDs can affect individuals across the lifespan

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"#FASD can affect individuals across the lifespan in different ways.

Infancy: Birth defects, difficulties in regulation, developmental delays

- Childhood: Developmental delays, behavioral issues, school struggles, challenges with peers
- Adolescence: Behavioral issues, mental health struggles, academic difficulties, social challenges
- Adulthood: Employment challenges, housing issues, legal struggles, ongoing mental health concerns

FASD is a lifelong condition, but with the right support, individuals can thrive at every stage of life."

- FASDs occur when prenatal alcohol exposure impacts the developing brain and body

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"FASD is a spectrum disorder, meaning each person with FASD is affected differently. While 400+ conditions can co-occur, FASD is primarily a lifelong neurodevelopmental condition. Despite challenges, individuals with FASD have many strengths! Early diagnosis, universal screening, & appropriate support—especially for executive functioning—are crucial for success."

- 1 in 7 pregnancies are exposed to alcohol

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"In the U.S., 1 in 7 pregnancies is exposed to alcohol, which increases the risk of FASD. It's critical to raise awareness and provide support for those affected"

✿ Collaboration Spotlight ✿

MAP promoted FASD United's FAQ fact sheet

[X](#) | [Instagram](#)

"Thank you to @FASDUnited for another wonderful resource on FASD! This wonderful fact sheet provides insight into the diagnosis of FASD, resources available, and a positive perspective on living with FASD. #FASDNPN"



MAP shared new research and events from the field

- [Drugs, Alcohol, Pregnancy and the Vulnerable Child - Virtual Training Series](#)

[X](#) | [Instagram](#)

"This training series will explore the biological and environmental factors for children and families that impact the ultimate development of children affected by prenatal substance exposure, provide an overview of family- and school-based intervention strategies that can promote long-term growth and development of this high-risk population of children, and address the role of the child welfare system in ensuring best outcomes for all families and their children affected by prenatal substance exposure. **#FASDNPN**"

- [Prenatal Cannabis Use and Neonatal Outcomes: A Systematic Review and Meta-Analysis](#)

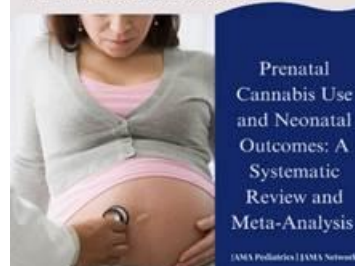
[X](#) | [Instagram](#)

"NEW Article of Interest: Prenatal Cannabis Use and Neonatal Outcomes! 📖 👤 To learn more and read the full article: buff.ly/UrX5s8m **#FASDNPN** **#FASD** **#Pregnancy**"



Drugs, Alcohol, Pregnancy & the
Vulnerable Child

NEW Article of Interest



FASD United promoted CDC NCBDDD's Let's Talk video: 5 Things Your Doctor Wants You to Know About Alcohol and Pregnancy

[X](#) | [Bluesky](#) | [Facebook](#) | [Instagram](#)

"Planning for a healthy pregnancy? Here's what your doctor wants you to know. The CDC's new video breaks down 5 key facts about alcohol and pregnancy, including:

- ➡ There is no known safe amount of alcohol use during pregnancy
- ➡ There is no safe time to drink during pregnancy
- ➡ There is no safe type of alcohol during pregnancy

Whether you're a healthcare provider, advocate, or patient, this short video is a must-watch and share. Let's spread the word about prevention and support."



🌟 Collaboration Spotlight 🌟

MAP highlighted FASD United's FASD NPN Spotlight Series interview with AAP

[X](#) | [Instagram](#)

"FASD United has featured our partners at the AmerAcadPeds as one of the valuable organizations part of the CDC's National Partner Network! "AAP has established educational programs on FASDs for pediatricians across the country. **#FASDNPN**"

FASD NPN Spotlight: American Academy of Pediatrics (AAP)

Apr 21, 2025 — by Andy Kachor in News

FASD United is excited to spotlight each of the organizations that are part of CDC's National Partner Network (NPN), a collaborative coalition of organizations dedicated to advancing key goals, including reducing prenatal alcohol exposure (PAE) and substance use, enhancing support services and access to care, and improving the identification and health of children and families affected by FASDs. As a proud participant in this collaborative effort, we are excited to contribute to public education on FASD and prenatal substance exposure alongside these exceptional partners.

FASD United shared Laura Bousquet's speech from International Research Conference on FASDs

🔥 Laura is featured in the [NPN PWLE video series!](#)

[X](#) | [Facebook](#) | [Instagram](#)

"In a world where #neurodiversity often meets misunderstanding, Laura Bousquet is a guiding light 🌟 A proud parent and self-advocate, Laura represents what it means to thrive with FASD! Through her story, she invites us to reimagine what success looks like for people with FASD. ✨"



RECOGNIZING AWARENESS DAYS + OBSERVANCES

MAP recognized National Alcohol and Other Drug-Related Birth Defects Awareness Week

- Emily

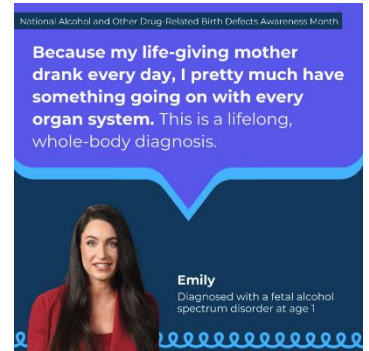
[X](#) | [Instagram](#)

"This week, we recognize the lifelong challenges that individuals with birth defects may face throughout their lives. Education and awareness of these challenges are essential for medical assistants and other healthcare providers! 🗣️ **#FASDNPN**"

- Jen

[X](#) | [Instagram](#)

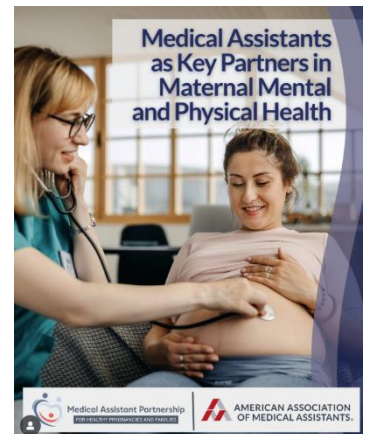
"Jen reminds us that fighting for what is right and for those we love is always the #1 priority. We are so grateful to Jen and all the other amazing parents and caretakers who fight for proper diagnoses and recognition! **#FASDNPN**"



AAMA with MAP recognized World Maternal Mental Health Day

[Facebook](#) | [Instagram](#)

"Mental health is a vital part of a healthy pregnancy—and medical assistants play a key role in supporting moms and families. The AAMA partners with Medical Assistant Partnership for Healthy Pregnancies & Families to train medical assistants in promoting alcohol-free pregnancies—protecting both physical and mental well-being from the start. Together, we're empowering medical assistants to make a difference, one conversation at a time."



FASD United recognized National Foster Care Month

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"FASD is significantly overrepresented in foster care—and often goes undiagnosed! Caregivers, professionals, and families need support, understanding, and guidance. If you're navigating foster care and FASD, you don't have to do it alone. 🗣️ Call our Family Navigators for free, one-on-one support"



FASD United recognized Mental Health Awareness Month by promoting their Family Navigator service along with emergency and crisis numbers

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"Knowing where to turn in a moment of crisis can save lives.

📞 988 is the number to text, call, or chat for support with mental health, suicide, or substance use crises.

📞 911 is for emergencies involving immediate physical danger.

🔍 If you're navigating the complexities of FASD and feeling overwhelmed, you're not alone.

FASD United's Family Navigators are here to help guide you through.

📞 (202) 785-4585 | Mon-Fri, 9 AM-10 PM ET bit.ly/FamilyNavigatorSupport

👉 Share this post to raise awareness of the difference between 988 and 911.

Knowing the right number can make all the difference."



Alcohol Awareness Month was observed across the NPN

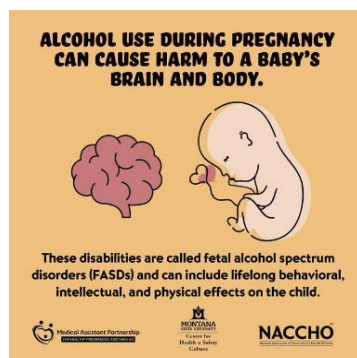
Check out highlights and explore posts:

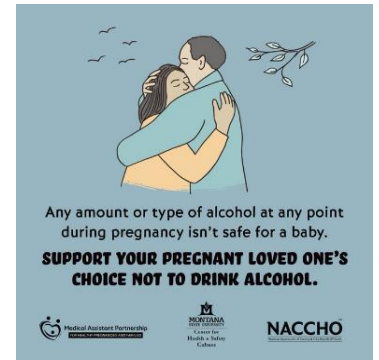
- ACOG highlighted how alcohol affects [women's health](#) and encouraged those who are pregnant or thinking of becoming pregnant to [talk with their ob-gyn](#) about why it's important to avoid alcohol during pregnancy
- AWHONN with UAA explained why alcohol guidelines [differ for men and women](#)
- FASD United answered questions about alcohol and pregnancy:
 - [How can I stop drinking?](#)
 - [How can I support my pregnant partner?](#)
 - [Can I consume alcohol during pregnancy?](#)
- NASW with UT-Austin stated that there is [no safe time or amount of alcohol to drink while pregnancy](#) and highlighted the link between [alcohol use and cancer](#)
- NPWH with UAA shined a light on how certified WHNP's role in [education, prevention](#), and [support](#) help reduce alcohol-related harm

✿ Collaboration Spotlight ✿

UNR and MSU collaborated on a series of posts:

- MAP provided [FASD prevalence data](#), encouraged [supporting a pregnant loved one's choice not to drink](#), shared that it's [never too late to stop drinking](#), and highlighted that [alcohol use during pregnancy can cause harm to a baby's brain and body](#)
- NACCHO with MSU highlighted that [alcohol can harm a developing baby before a pregnancy is known](#) and acknowledged that [alcohol-related harms can be difficult to realize](#) due to alcohol's availability and mass promotion





FASD United and NASW with UT-Austin recognized National Alcohol Screening Day

- FASD United

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"Today is #NationalAlcoholScreeningDay—a time to check in on drinking habits & health.

@NIAAAnews offers tools to assess alcohol use & its risks, including prenatal alcohol exposure & FASD."

- NASW

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"It's National #AlcoholScreeningDay, a call for social workers to make alcohol #SBI part of routine care and help clients understand common myths about drinking. **#FASDNPN**"



The FASD NPN Communications Bulletin is created by ORAU.
Please send any questions, corrections, or suggestions to [Katherine Chyka](#).

Want something included in the next bi-monthly bulletin?

[Let us know](#). We'd love to hear from you!



FASD NATIONAL PARTNER NETWORK