

FASD NPN Communications Bulletin

A collection of content updates + tips

Issue 20 | June 2026



Quick Tip

Bring your technical assistance needs to the Joint Bi-Monthly Call on July 9

The next joint bi-monthly call is an optional office hour and work session.

ORAU will be on the call to discuss any technical assistance needs you may have:

- Impact Week poster design
- Conference presentation or booth support
- Video editing and graphic design
- Social media planning

New on the Digital Toolkit

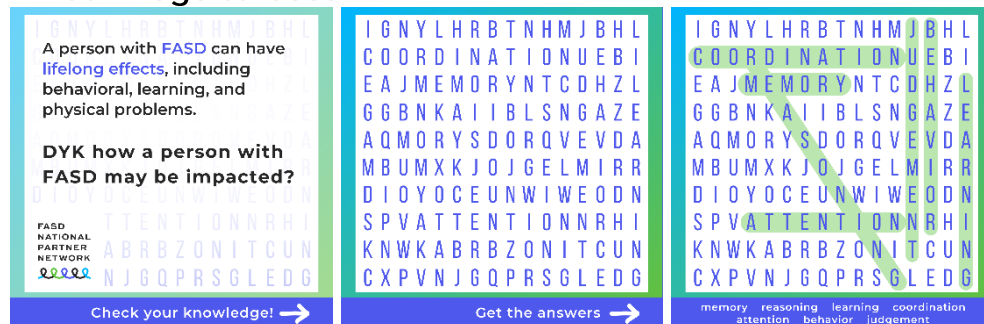
Prepare to recognize FASD Awareness Month in September by downloading materials from the 2026 FASD Awareness Month Partner Toolkit

FASD Awareness Month

 September 2026

 raise awareness about FASD and support individuals and families affected by the lifelong condition

Three-image carousel



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Individual graphics – updated to reflect new MMWR data



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NPN Content Stream

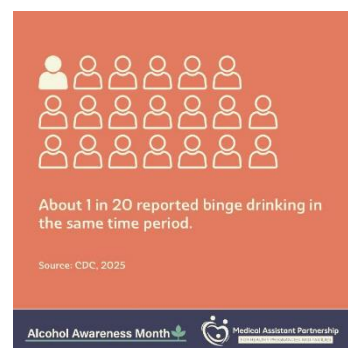
Between April 1 and May 31, 2026, the FASD NPN disseminated **411 social media posts** about prenatal alcohol and polysubstance exposure and FASDs reaching approximately **3,246,758 people**. A selection of posts is featured in this section.

RECOGNIZING AWARENESS DAYS + OBSERVANCES

Alcohol Awareness Month was observed across the NPN

Check out highlights and explore posts:

- FASD United encouraged [alcohol-free pregnancy choices](#), shared [prevalence data](#), and highlighted prevention as a [shared responsibility](#), urging partner and family support, accurate information, and stigma-free care
- NASW with UT-Austin shared [alcohol related facts](#) in a new blog post: [Three Facts Social Workers Need to Know About Risky Alcohol Use](#)
- UAA highlighted the [crucial role](#) of healthcare providers and allied health professionals in the prevention, identification, and management of FASDs
- UAA with AWHONN highlighted those who should avoid alcohol completely: those who are [pregnant or might be pregnant](#), recovering from [alcohol use disorder](#) or unable to control the amount that they drink, and [younger than age 21](#)
- UAA with NPWH promoted integrating [evidence-based strategies](#) like SBIRT into routine care and taught [practical skills for having patient-centered](#) conversations about polysubstance use, contraception, and pregnancy
- University of Nevada, Reno/AAMA's Medical Assistant Partnership for Healthy Pregnancies and Families (MAP) shared messages focused on [prevention](#), [risk reduction](#), and [healthier choices](#). Daily posts encouraged [reflection](#), [conversation](#), and [practical behavior change](#) (e.g., lower-risk or alcohol-free choices)



APRIL | ALCOHOL AWARENESS MONTH

Patient-Centered Conversations Around Polysubstance Use, Contraception & Pregnancy

LILY BASTIAN
MSN, APRN, CNM

FAITH OZER GREEN
MPH

- ✓ Principles of cultural safety & patient-centered care
- ✓ Skills to facilitate culturally safe conversations around contraception & polysubstance use
- ✓ 1 CE contact hour

pathlms.com/npwh

AAMA, FASD United, MAP with NASW recognized National Alcohol Screening Day

- AAMA
[X](#) | [Instagram](#) | [Facebook](#)
... This #NationalAlcoholScreeningDay, medical assistants are on the front lines of early intervention—helping identify alcohol use risks before they become long-term health concerns. Through the AAMA's partnership with MAP, medical assistants are equipped with tools to confidently screen patients and provide education on alcohol use during pregnancy.
- FASD United
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
Today is National Alcohol Screening Day, a reminder of the importance of understanding alcohol use and its impact on health. NIAAA provides valuable tools to help individuals assess their drinking habits and make informed choices. ... Early awareness and intervention are key to supporting lifelong health.
- MAP
[Instagram](#)
On #NationalAlcoholScreeningDay, we're recognizing the powerful role medical assistants play in catching potential risks early and supporting healthier outcomes for patients. By opening the door to honest, judgment-free discussions—especially during pregnancy—we can help prevent complications and promote long-term well-being. Every question asked is a step toward better care. **#FASDNPN**
- NASW
[Instagram](#) | [Facebook](#) | [Bluesky](#)
It's National Alcohol Screening Day, an opportunity for social workers to make alcohol SBIRT part of routine care and help clients understand how drinking impacts their health. Learn more in our latest Social Work [blog post](#) **#FASDNPN**



NPN PRODUCTS, EVENTS + SERVICES

FASD United featured highlights from their Weekly Roundup

- [Affiliate News: NCFASD Informed Presents on FASD Advocacy and Community Awareness](#)
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
- [STAT News Feature: Prenatal Alcohol Exposure is Still a Leading Driver of Disability in the U.S.](#)
[X](#) | [Instagram](#) | [Facebook](#) | [Bluesky](#)
- [Provider in Arkansas Takes National Role to Raise Awareness of FASD, Overlooked Childhood Condition](#)
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FASD United shared updates about FASD Impact Week

- Registration is open

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Join advocates, clinicians, researchers, professionals, caregivers, self-advocates, and community leaders from across the country for 4 days of advocacy, collaboration, education, and action in Washington, D.C.

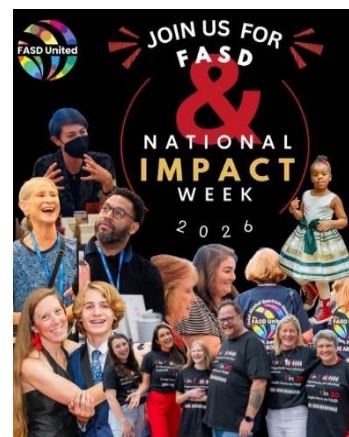
September 27–30, 2026

- Call for poster exhibit abstracts is open until July 10

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The Poster Exhibition is an interactive forum ... to highlight practical solutions and emerging work related to FASD. We're accepting abstracts for:

- ◆ Research Posters
- ◆ Information Posters



UAA with AWHONN offered training webinars* about FASDs and SBIRT

[Instagram](#) | [Instagram](#)

* These events have already occurred

Save the date!
Upcoming training opportunity!

Webinars will be held live and recorded.

Alcohol screening (SBIRT) Overview June 4th 2026 3pm EST

Earn 1.0 Nursing Contact Hour

Register using this QR code!

Check out our past training: Facilitating Challenging Conversations in a Culturally Safe Framework and receive one CE! <https://tinyurl.com/challengingconvo>

AWHONN Collaborative for Alcohol-Free Pregnancy

AAMA and MAP promoted their 3-Part Training of Trainers series: Alcohol and Women: Prevalence, Trends, and Preventing Alcohol-Related Harm*

- AAMA

[X](#) | [Instagram](#) | [Facebook](#)

If alcohol use is affecting your patients, would you know how to respond in the moment? Join AAMA partner the Medical Assistant Partnership for Healthy Pregnancies and Families for a FREE three-part virtual training designed to help you turn awareness into action.

June 15, 17, and 24

Apply by May 15

Walk in with curiosity. Leave with confidence—and tools you can actually use.

- MAP

[X](#) | [Instagram](#)

Women's alcohol use is changing—and Medical Assistants are often the first to notice. But here's the question: 🙋 Do you feel confident knowing what to say next? ... In this 3-part series, you'll learn how to:

- ✓ Spot trends in alcohol use among women
- ✓ Understand real health impacts
- ✓ Navigate conversations with confidence
- ✓ Bring these skills back to your clinic or classroom

Real Tools for Real Patient Moments

2026 Women & Alcohol Virtual Training of Trainers

Women & Alcohol: Prevalence, Trends, and Preventing Alcohol-Related Harm Training of Trainers

AMERICAN ASSOCIATION OF MEDICAL ASSISTANTS Medical Assistant Partnership

YOU'RE INVITED

2026 Women & Alcohol Virtual Training of Trainers

* This event has already occurred

AAMA with MAP promoted their CEU: Cannabis Use in the Perinatal Period

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Understanding the risks of cannabis starts with the right education. A new free CEU from the Medical Assistant Partnership for Healthy Pregnancies and Families, an AAMA partner, "Cannabis Use in the Perinatal Period," explores the growing impact of cannabis use during pregnancy—and what medical assistants need to know. Stay informed. Support patients with confidence.



EDUCATING + AWARENESS RAISING

NASW shared messages from their new blog post: Risky Alcohol Use Affects Women's Health Across the Lifespan

- [Facebook](#) | [Bluesky](#)

Alcohol poses risks to women through all stages of their lives. Learn more about these risks and how #SocialWorkers play a valuable role in making #alcohol screening, brief intervention, and referral to treatment (SBIRT) part of routine practice for all clients, including women <https://tinyurl.com/4yzvv6kn>

- [Instagram](#) | [Facebook](#) | [Bluesky](#)

DYK? Females ages 12 and older are the fastest-growing group of alcohol users in the U.S.? ... Get the facts on women and alcohol, including how social workers can take a leading role in women's health across the lifespan tinyurl.com/2pkm6eu2



FASD United attended Proof Alliance's Caregiver Conference

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We're proud to have FASD United Representatives Sarah Brown and Family Navigator Kristen Eriksen attending the @Proofalliance Caregiver Conference today! Hundreds of caregivers from across Minnesota and beyond have gathered to learn, connect, and strengthen support for individuals and families impacted by FASD.

One powerful quote that resonated deeply came from Self-Advocate Barb Clark: "...with accommodations, a challenge can become a strength."

Moments like these remind us of the importance of understanding, advocacy, and creating supportive environments where individuals with FASD can thrive 🌟



FASD United presented at 2026 Public Meeting of the Interagency Coordinating Committee on FASDs

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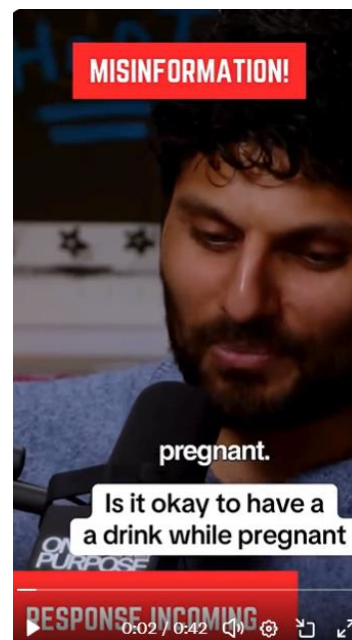
What an outstanding day at the annual public meeting of the Interagency Coordinating Committee on Fetal Alcohol Spectrum Disorders (ICCFASD)! The FASD United team was proud to join our incredible federal agency partners and colleagues dedicated to advancing the FASD field through collaboration, research, prevention, and support.



MAP corrected misinformation about alcohol consumption during pregnancy

X

In response to inaccurate information shared on @jayshetty and @jayshettypodcast, here is the recommendation from @cdc: There is no safe amount, no safe time, and no safe type of alcohol to drink while pregnant. Learn more at <https://buff.ly/3Qy4rnj> and <http://fasdmap.org>



The FASD NPN Communications Bulletin is created by ORAU.
Please send any questions, corrections, or suggestions to [Katherine Chyka](#).

Want something included in the next bi-monthly bulletin?

[Let us know](#). We'd love to hear from you!



FASD NATIONAL PARTNER NETWORK