

FASD NPN Communications Bulletin

A COLLECTION OF CONTENT UPDATES + TIPS

Issue 10 | October 2024



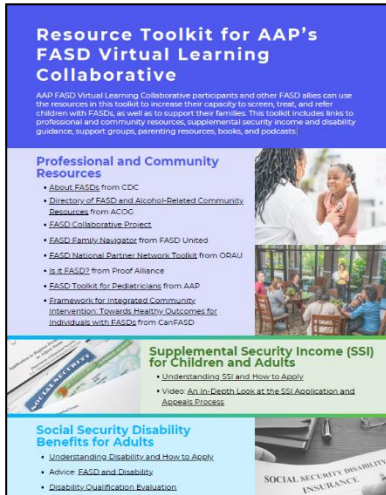
Click the links below to jump to the sections featuring:

- [NPN Toolkit Updates: AAP's FASD Resource Toolkit](#)
- [NPN Content Stream: Highlights from 300+ social media posts](#)

FASD NPN Toolkit Updates

AAP FASD Resource Toolkit

[Custom Materials Toolkit page](#) > [NPN Custom Materials Library](#) > [Other Digital and Print Materials](#)



AAP FASD Virtual Learning Collaborative participants and other FASD allies can use this toolkit to increase their capacity to screen, treat, and refer children with FASDs, as well as to support their families.

The [toolkit](#) includes links to professional and community resources, supplemental security income and disability guidance, support groups, parenting resources, books, and podcasts.

Want this material customized for your priority audiences? [Reach out to ORAU!](#)

NPN Content Stream

Between July 25 and September 30, the FASD NPN disseminated **366 social media posts** about prenatal alcohol and polysubstance use and FASDs reaching approximately **4,325,039 people**. A selection of posts is featured in this section.

RECOGNIZING AWARENESS DAYS + OBSERVANCES

FASD Awareness Month was observed across the NPN

Check out highlights and explore posts:

- [AAFP](#) highlighted the [significance](#) and [challenges](#) of substance use during pregnancy in a podcast: [Inside Family Medicine Podcast: Medical Insights on Cannabis Use During Pregnancy](#).

👉 Shout out to [FASD United](#) for retweeting AAFP's post: [X](#)

- [AAP](#) advised pediatricians to [adopt universal screening](#) into routine office visits and encouraged them to [test their knowledge of FASDs](#).

👉 Shout out to [MAP](#) for promoting [AAP's FASD Grand Rounds Webinars](#): [X](#) | [Instagram](#)

- [ACOG](#) explored how [ob-gyns can help with FASD screening and intervention](#) and encouraged [pregnant](#)



people having difficulty stopping alcohol consumption to talk with their ob-gyn. They also shared educational videos featuring Champions: [Samuel Bauer, MD, FACOG](#) and [Joy Baker, MD, FACOG](#).

👉 Shout out to [FASD United](#) for sharing [ACOG's](#) posts: [Post #1](#) | [Post #2](#) | [Post #2](#)

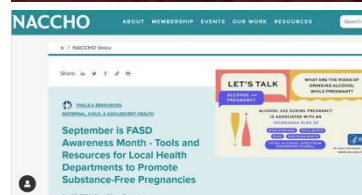
- [FASD United](#) hosted [2024 FASD Impact Week](#) which included a [symposium day](#) and a [screening of The Ride Ahead](#). They also highlighted
 - [How to create an inclusive, supportive world](#)
 - [The prevalence of FASDs – Not Rare, Everywhere](#)
 - [That FASD is a diagnosis, not a definition](#)
 - [The importance and value of people with FASDs](#):
 - ☆ [Laura](#), their “lovely and amazing Family Navigator” encourages individuals with FASD to embrace their strengths and ask for support when needed
 - ☆ [Rachel](#) encourages parents and caregivers to seek the right diagnosis for their child

- [MSU](#) with [NACCHO](#) highlighted the [importance of an alcohol-free pregnancy](#) and promoted [resources for local health departments](#).

👉 Shout out to [MAP](#) for promoting [MSU/NACCHO's](#) blog post '[September is FASD Awareness Month – Tools and Resources for Local Health Departments to Promote Substance-Free Pregnancies](#)': [X](#) | [Instagram](#)

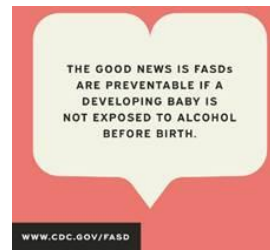
🌸 Kudos to [NACCHO](#) and [FASD United](#) for retweeting [MAP's](#) posts: [NACCHO's X post](#) | [FASD United's X post](#) 🌸

- [ORAU](#) celebrated the [strength](#) and [resilience](#) of those impacted by FASDs.
- [UAA](#) with [AWHONN](#) encouraged [nurses to learn about their role in FASD prevention](#) and shared [stories about the strengths of those with FASDs](#).
- [UAA](#) with [NPWH](#) highlighted the [risks of prenatal alcohol exposure \(PAE\)](#) and encouraged [healthcare professionals to view those with FASDs in a holistic and compassionate way](#).
- University of Nevada, Reno/AAMA's [Medical Assistant Partnership for Healthy Pregnancies and Families \(MAP\)](#) highlighted [medical assistants' responsibility to provide support and understanding to those with FASDs](#), encouraged [them to spread the word about abstaining from alcohol during pregnancy](#), and shared the [prevalence of prenatal alcohol use](#).



Shout out to [AAMA](#) and [ACOG](#) for promoting MAP's posts: [AAMA's X post](#) | [ACOG's X post](#)

- UT-Austin with [NASW](#) posted a [blog](#) highlighting [social work's role](#) in [prevention](#) and support for those with FASDs: [5 Facts Social Workers Need to Know About Preventing FASDs](#).



[FASD United](#) provided tips and resources for National Back to School Prep Day

- [Blog post](#)
Like this post: [X](#) | [Facebook](#) | [Instagram](#)
- [Tips](#)
Like this post: [X](#) | [Facebook](#) | [Instagram](#)
"... One step in creating a positive environment for a student with FASD is visiting the school or classroom before the first day, so that the child can be familiar with the space."
- ['Meet Your Student' tool](#)
Like this post: [X](#) | [Facebook](#) | [Instagram](#)
"Continue our countdown to National Back to School Prep Day by checking out our Meet the Student tool. This tool notifies teachers of student's FASD status! Find tools for [teens](#) and [youth](#)."



[FASD United](#) interviewed Amy Smith and Dr. Cleveland to celebrate Disability Pride Month

Like this post: [X](#) | [Facebook](#) | [Instagram](#)



[FASD United](#) interviewed their Family Navigators for National Parents' Day

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

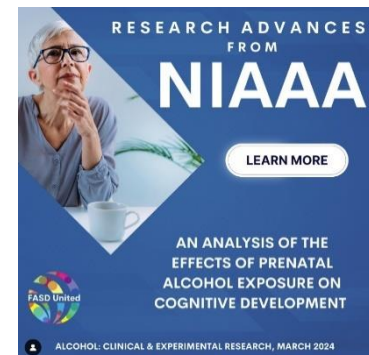
"We recognize the extraordinary dedication and unwavering love of parents everywhere, including those raising children with FASD. Let's celebrate parents' commitment to providing understanding, support, and opportunities."



EDUCATING + AWARENESS RAISING

[MAP](#) and [FASD United](#) shared new research from the field

- [A dose-response analysis of the effects of PAE on cognitive development](#)
Like this post: [X](#) | [Facebook](#) | [Instagram](#)
"...as the amount of PAE increases, the effects on brain development may increase as well. There is no known safe amount of alcohol during pregnancy."
- [Pregnancy characteristics and outcomes among birthing individuals with FASD](#)
Like this post: [X](#) | [Facebook](#) | [Instagram](#)
"...Results suggest that individuals with FAS would benefit from early and sustained medical care prior to pregnancy for healthier perinatal outcomes."



- [Validation of the Neurobehavioral Disorder Associated with PAE \(ND-PAE\) Diagnosis in Children with Heavy PAE](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"This study expanded the assessment criteria for ND-PAE to a sample with a wider age range and heavier alcohol exposure."

- [Machine learning approaches to the identification of children affected by PAE: A narrative review](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"Research summarizes examples from the literature of neurobehavioral screening tools and physiological markers of PAE."

- [Administratively reported FASDs in commercially- and Medicaid-insured samples of children in the U.S., 2015 – 2021](#)

Like this post: [X](#) | [Instagram](#)

"...insights into the prevalence and impact of FASDs among children in the US. Findings help understand the challenges and implications of FASDs, guiding future support efforts for affected children and families."

- [Influence of childhood trauma and traumatic stress on a woman's risk of having a child with a FASD](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"This study investigates the link between traumatic stress and trauma and PAE."

- [Parenting by individuals with FASDs and neurobehavioral outcomes in their offspring](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"... There is a need to identify and support parents with FASD to optimize their parenting abilities in the context of their individual strengths and difficulties."

- [Secondary physical features in children with FASD](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"The 3 key facial features that diagnose FAS/pFAS, with "secondary characteristics" are common. Yet, research finds these features insufficient for ARND diagnosis."

- [Adaptive, externalizing, and internalizing behavior of children with PAE: A comparison of three parent-report questionnaires](#)

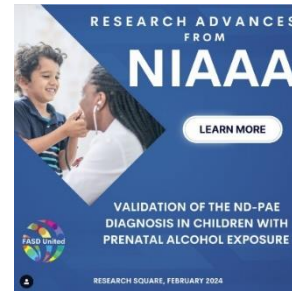
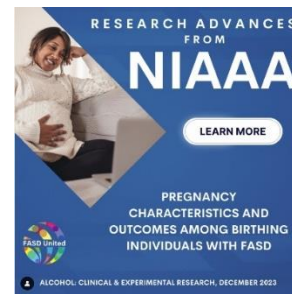
Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"Study compares the Behavior Assessment System for Children (Third Edition) to the Child Behavior Checklist and the Vineland Adaptive Behavior Scales (Third Edition) in children with and without histories of PAE."

- [Developmental alcohol exposure is exhausting: Sleep and the enduring consequences of alcohol exposure during development](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"PAE can cause challenges with sleep, which in turn can affect thinking and behavior. Supporting better sleep in people with PAE may be a promising treatment option"



[FASD United](#) highlighted [12-year-old FASD self-advocate: Alex O'Keeffe](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"...With wisdom beyond his years, Alex called for updated pregnancy warning signs and more investment in FASD support. ..."



FASD United promoted their visual report: FASD and Special Education Survey Results

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"Curious to learn more about FASD & education? Check out our visual report featuring insights from people with living experience through the national FASD and Special Education survey"



UAA with AWHONN shared a Let's Talk graphic about the risks of drinking alcohol while pregnant

Like this post: [Facebook](#) | [Instagram](#)

"DYK that alcohol use during pregnancy is a leading preventable cause of birth defects and neurodevelopmental disabilities in the United States? FASDs are preventable if a baby is not exposed to alcohol before birth. Learn more about how you can prevent #FASD in your patients. #FASDNPN"



FASD United highlighted the importance of FASD having a "seat at the table" during conversations about:

- **Neurodiversity**

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"When discussing neurodiversity, FASD should be included in order to recognize the unique ways the people with FASD brains work."

- **Behavioral health**

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"Conversations about behavioral health should include FASD to address the unique challenges and support needs of individuals with FASD to promote better mental health outcomes."

- **Substance use**

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"FASD needs to be included when discussing substance use so that we can raise awareness, build support, and promote prevention strategies for healthier futures for all."

- **Nutrition**

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"Proper nutrition is essential for individuals living with FASD to thrive!"

- **Disability**

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"When discussing disability, it is essential to include FASD so we can best support those living with them."

Talking about neurodiversity?



Talking about **Nutrition**?
Give **FASD** a seat at the table.



Conversations about disability should include FASD.



UAA with AWHONN provided FASD education and recruited new Champions

Like this post: [Facebook](#) | [Instagram](#)

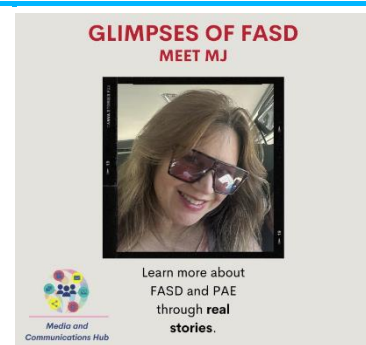
"FASDs are a collection of diagnoses that can result from exposure to alcohol in utero. Learn more about #FASD and how you can help prevent it."



FASD United shared "Glimpses of FASD": Meet MJ

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

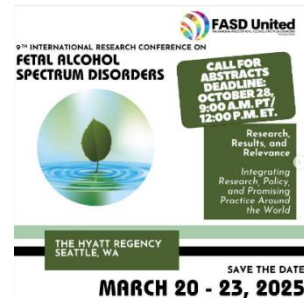
"🌟 Discover the inspiring stories of those living with FASD! Meet MJ, a beacon of creativity and kindness whose love and warmth light up every room. 🌟"



[FASD United](#) extended the abstract submission deadline for the [9th International Research Conference on FASDs](#) until October 28

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"🔒 Deadline Extended! 🔒 The 9th International Research Conference on FASD has moved the deadline for abstract submissions to October 28th! 🗣️ Are you a researcher with groundbreaking ideas? This is your chance to present your work to a global audience. We're looking for abstracts for oral presentations, lightning talks, and posters. Early-career researchers and diverse topics are strongly encouraged!"



🌟 Collaboration Spotlight 🌟

[ACOG](#) and [MAP](#) hosted a joint webinar: [FASD Awareness: OBGYNs and Medical Assistants Collaborating to Make a Difference*](#)

- Like [ACOG's](#) post: [X](#) | [Instagram](#)

"Join ACOG and partners for a one-hour webinar to learn how ob-gyns and medical assistants can promote alcohol-free pregnancies and reduce stigma around FASDs together."

- Like [MAP's](#) post: [Instagram](#)

"This one-hour webinar will empower the interprofessional healthcare team with the knowledge and skills needed to prevent FASDs and support patients affected by FASDs by fostering a culture of understanding and acceptance. Whether you are an experienced OB/GYN or a medical assistant looking to deepen your understanding of FASDs, this webinar will offer valuable insights and actionable steps to improve patient care."

*opportunity has already occurred



[MAP](#) exhibited at the [AAMA](#) Annual Conference

Like this post: [Instagram](#)

"Come visit our Medical Assistant Partnership table at the 2024 AAMA conference Exhibitor Hall! We are sharing resources, discussing research, and connecting with colleagues! We would love to connect with you! 🤝 📄 🗣️ 🌍"



🌟 Collaboration Spotlight 🌟

[CDC NCBDDD](#), [ORAU](#), and [MAP](#) presented at [ACOG's](#) Annual Champions Meeting

- Like [CDC's](#) post: [X](#)

"We are happy to once again meet with our @acog FASD champions for an annual meeting along with @MAPFASD, @orau & @NIAAAnews. Ob/gyns around the country are working to prevent alcohol & other substance use during pregnancy. #FASDNPN"

- Like [ORAU's](#) post: [X](#)

"Our health communication team was honored to present at @acog's annual meeting alongside @CDC_NCBDDD, @MAPFASD, and @NIAAAnews! #FASDNPN #FurtherTogether"

- Like [MAP's](#) retweet: [X](#)



[FASD United](#) promoted their [Family Navigator](#) service

Like these posts: [X](#) | [Facebook](#) | [Instagram](#)

"Turn to our excellent team of Family Navigators for any assistance you need on your FASD journey! 📄 <https://fasdunited.org/family-navigator/> 📞 800-666-6327"



[AAMA and MAP offered a new CEU course: What Medical Assistants Need to Know about Opioid Use Disorders and Pregnancy in 2024](#)

Like this post: [X](#) | [Facebook](#) | [Instagram](#)

"A new free course is now available in the AAMA e-Learning Center! This course is provided by the @medicalassistantpartnership, a partner of the AAMA. This session is designed to equip medical assistants with the knowledge and tools necessary to support pregnant patients dealing with opioid use disorder. Don't miss this chance to enhance your skills and contribute to better health care outcomes."



The FASD NPN Communications Bulletin is created by ORAU.
Please send any questions, corrections, or suggestions to [Katherine Chyka](#).

Want something included in the next bi-monthly bulletin?

[Let us know](#). We'd love to hear from you!



FASD NATIONAL PARTNER NETWORK