FASD NPN Communications Bulletin

A collection of content updates + tips

Issue 22 | October 2026

FASD NATIONAL PARTNER NETWORK

Quick Tip

Continue to use #FASDNPN in your Y5 social media posts!

The official NPN hashtag was created during a collaboration office hour in Y1 of our cooperative agreement. Using #FASDNPN on social media helps support collaboration and unifies our messages.

🎉 🎉 Congratulations to ALL for collectively mentioning #FASDNPN **1,246 times** in the first 4 project years!! 🎉 🎉

New on the Digital Toolkit

Prepare to recognize Birth Defects Awareness Month by downloading materials from the 2027 BDAM Partner Toolkit

Birth Defects Awareness Month

📅 January 2027

👉 raise awareness about birth defects, promote healthy pregnancies, highlight prevention steps, and support individuals and families affected by these conditions

The toolkit includes graphics, videos, and post text:



Download



Download



Download

NPN Content Stream

Between August 1 and September 30, 2026, the FASD NPN disseminated **321 social media posts** about prenatal alcohol and polysubstance exposure and FASDs reaching approximately **2,453,949 people**. A selection of posts is featured in this section.

RECOGNIZING AWARENESS DAYS + OBSERVANCES

UAA with NPWH recognized World Contraception Day by highlighting their on-demand training: Patient-centered Conversations around Polysubstance Use, Contraception, and Pregnancy

Instagram | Facebook



FASD Awareness Month was observed across the NPN

Check out highlights and explore posts:

- FASD United presented FASD as an '&' conversation highlighting there is no single FASD story and celebrated NY 'lighting up red' for FASD Awareness Day

- NASW with UT-Austin highlighted the role of social workers in implementing SBIRT in a new blog: 3 Things to Know About Alcohol SBIRT During FASD Awareness Month

- UAA highlighted the crucial role of healthcare providers and allied health professionals in the prevention, identification, and management of FASDs
- UAA with AWHONN provided zero-proof cocktail recipes, FASD facts, and CE opportunities
- UAA with NPWH highlighted practical approaches for integrating FASD prevention into routine clinical care

  Collaboration Spotlight

  Shout out to FASD United for highlighting UAA's new videos focused on SBIRT, polysubstance use, and harm reduction

- University of Nevada, Reno/AAMA's Medical Assistant Partnership for Healthy Pregnancies and Families (MAP) defined FASDs, shared stats, and encouraged open, compassionate conversations.

  Collaboration Spotlight

  Shout out to FASD United for resharing MAP's post!

- MSU with NACCHO highlighted resources for local health departments to promote substance-free pregnancies, prevent FASDs, and support local communities









FASD United recognized Back to School Prep Day by highlighting their Family Navigator

X | Instagram | Facebook | Bluesky

… For students with FASD, success at school can begin with understanding individual strengths, anticipating needs, building supportive routines, and creating strong partnerships between families and educators. This National Back to School Prep Day, let's prepare every student to learn, belong, and thrive. … **#FASDNPN**



NPN PRODUCTS, EVENTS + SERVICES

Collaboration Spotlight

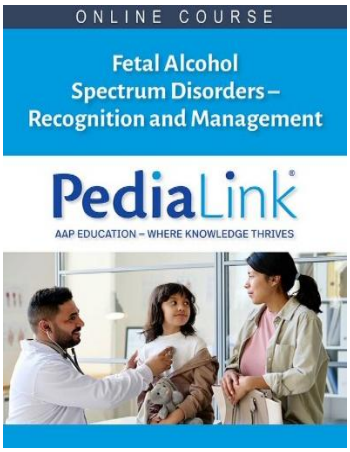
MAP promoted AAP's PediaLink course: FASD Recognition and Management

X | Instagram

… The American Academy of Pediatrics (AAP) has updated its FASD PediaLink course, designed for pediatricians and other healthcare professionals. The course provides practical guidance on:

- Screening for prenatal alcohol exposure (PAE)
- Recognizing signs and symptoms of FASDs
- Supporting children and families within the pediatric medical home

… **#FASDNPN**



FASD United shared several new resources

- FASD & Public Health: Best Practices for Talking About FASD
  X | Facebook | Bluesky
- Talking About FASD: Best Practices
  X | Instagram | Facebook | Bluesky
- What Everyone Should Know About FASD
  X | Instagram | Facebook

  ### Collaboration Spotlight

  MAP reshared FASD United's materials
  X | Instagram



MAP highlighted a new AAMA article: A Spectrum of Care: Meet the Unique Needs of Patients with FASDs

X

New publication! Written by Sandra J. Gonzalez, PhD, LCSW, this article highlights the importance of compassionate, informed, and person-centered care for individuals with FASDs and their families. **#FASDNPN**



UAA promoted their webinar: FASD Prevention in Practice: Equipping Champions for Women's Health*

Instagram

This evidence-based webinar equips nurse practitioners, nurses, nurse-midwives, and other women's health professionals with the knowledge and practical resources needed to become champions for FASD prevention.

*This event has already occurred



MSU with NACCHO highlighted their training: Reducing Stigma Associated with FASDs*

Facebook | Bluesky

*This event has already occurred



MAP shared Emily and Jen's story from the CDC's FASD video series

- Emily

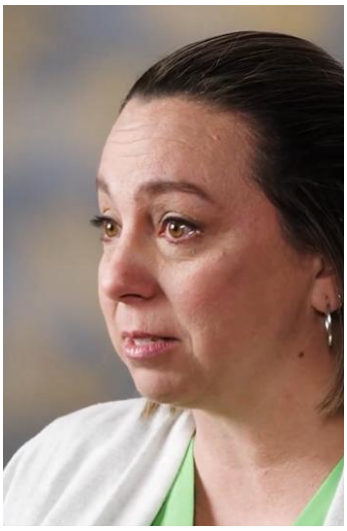
  X | Instagram

  ✨ Every person has strengths—and those strengths matter. As we get ready for FASD Awareness Month, Emily shares an important reminder: individuals with FASDs can identify, develop, and build upon their unique strengths. ... **#FASDNPN**

- Jen

  X | Instagram

  💙 Every FASD journey is unique. In this reel, Jen shares her experience of navigating her son's diagnosis of fetal alcohol syndrome and what that journey has meant for their family. As we prepare for FASD Awareness Month, we're sharing real stories to foster understanding, awareness, and support for individuals and families affected by FASDs.

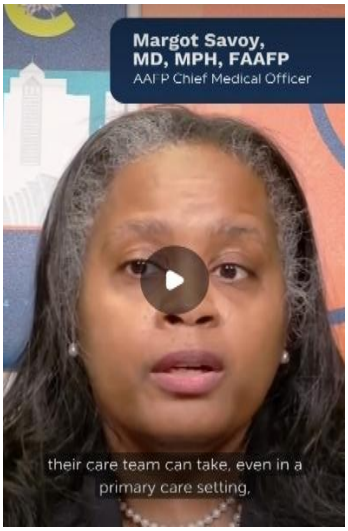


EDUCATING + AWARENESS RAISING

AAFP highlighted the key role that family physicians play in FASD prevention, early identification, and ongoing care

Instagram | Facebook

Prenatal alcohol and substance exposure remains a leading cause of birth defects and neurodevelopmental abnormalities in the United States. Explore our latest resources including an FPM supplement and Inside Family Medicine podcast episodes, to help enhance screening, improve counseling conversations and better coordinate care for patients and families.



MAP and FASD United shared new research

- Trends in Alcohol Consumption During Pregnancy in the US
  X | Instagram

- Impacts of PAE on the aging process
  X | Instagram | Facebook | Bluesky



The FASD NPN Communications Bulletin is created by ORAU.
Please send any questions, corrections, or suggestions to Katherine Chyka.

Want something included in the next bi-monthly bulletin?
Let us know. We'd love to hear from you!

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